



# H.O.P.E. RETREATS

## Harnessing Optimism Program Experience

Experience an individualized approach to youth retreats at Lutherdale. With the health and safety of your group in mind, your group is led through activities of your choice as a cohort. Bible studies & devotions are centered around the topic of finding "Hope in the Unknown" through the stories of Jonah and Joseph.

Meals, program, and a day of adventure await your group at Lutherdale!

### 3 GREAT OPTIONS TO FIT ANY SCHEDULE AND BUDGET!

YOU DECIDE: AGE OF GROUP      DATE OF PROGRAM      RETREAT MODEL & ACTIVITIES

**A**  
**Day Retreat**  
 10am-7pm  
 \$70 per Camper  
 \$25 per Chaperone

Includes 2 meals  
 A choice of **3**  
 Activity Rotations



**B**  
**One Night Retreat**  
 10am-11am  
 \$130 per Camper  
 \$70 per Chaperone

Includes lodging, 3 meals  
 A choice of **4**  
 Activity Rotations



**C**  
**Two Night Retreat**  
 7pm-11am  
 \$175 per Camper  
 \$115 per Chaperone

Includes lodging, 4 meals  
 A choice of **4**  
 Activity Rotations



### Activity Choices

- Anti-Racism Discussion
- Archery
- Arts & Crafts
- Bee Keeping Demonstration
- Bible Study
- Geocache
- Snowshoe
- Canoe & Kayak
- Climbing Tower
- Cross Country Skiing
- Facilitated Field Games
- Fishing
- High Challenge Course
- Indoor Team Building
- Low Challenge Course
- Pontoon Boat Tour
- Service Projects
- Swimming
- Tie-Dye
- Tobogganing
- Other Options Available

*Groups are asked to bring 1 Chaperone for every 8 Campers of each gender.  
 Lutherdale will assign housing based on group size and needs.*

**TO BOOK A H.O.P.E. RETREAT, CALL (262) 742-2352 OR EMAIL [INFO@LUTHERDALE.ORG](mailto:INFO@LUTHERDALE.ORG)**

# A

## ONE DAY RETREAT SCHEDULE

10:00 Check-In  
 10:30 Activity Rotation 1  
**12:00 LUNCH**  
 1:00 Free Time/Canteen  
 2:00 Activity Rotation 2  
 3:30 Activity Rotation 3  
 5:00 Free Time  
**5:30 DINNER**  
 6:15 Closing Worship  
 7:00 Depart

# B

## ONE NIGHT RETREAT SCHEDULE

10:00am Check-In  
 10:30 Activity Rotation 1  
**12:00pm LUNCH**  
 1:00 Free Time/Canteen  
 2:00 Activity Rotation 2  
 3:30 Activity Rotation 3  
 5:00 Free Time  
**5:30 DINNER**  
 6:15 Free Field Time  
 7:15 Evening Activity  
 8:15 Snack  
 8:30 Worship  
 9:00 Omega  
 10:00 Lights Out

### DAY TWO

8:00am **BREAKFAST**  
 8:30 Pack Up/Clean Up  
 9:00 Activity Rotation 4  
 10:30 Closing Worship  
 11:00 Depart

# C

## TWO NIGHT RETREAT SCHEDULE

7:00pm Check-In  
 7:30 Group Games  
 8:30 Worship & Snack  
 9:00 Omega  
 10:00 Lights Out

### DAY TWO

**8:00am BREAKFAST**  
 9:00 Bible Study  
 10:30 Activity Rotation 1  
**12:00pm LUNCH**  
 1:00 Free Time/Canteen  
 2:00 Activity Rotation 2  
 3:30 Activity Rotation 3  
 5:00 Free Time  
**5:30 DINNER**  
 6:15 Free Field Time  
 7:15 Evening Activity  
 8:15 Snack  
 8:30 Worship  
 9:00 Omega  
 10:00 Lights Out

### DAY THREE

**8:00am BREAKFAST**  
 8:30 Pack Up/Clean Up  
 9:00 Activity Rotation 4  
 10:30 Closing Worship  
 11:00 Depart