

PACKING FOR CAMP

- **Large Plastic Tote** - We suggest packing for camp in a large plastic tote (storage bin). Plastic is much easier to disinfect than porous surfaces such as cloth. Lutherdale staff will be disinfecting camper luggage with EPA-approved disinfectants before taking it to the cabins.
- **Mask or Face Covering** - Masks also referred to as face coverings are one of the best NPI available to reduce the spread of COVID-19, particularly when used universally within a community. Masks should be identified by the camper's name or initials inside and should not be shared with anyone else. For fabric masks, choose those with two to three layers of permeable fabric. Ensure that masks completely cover the nose and mouth of all campers and staff and that masks fit snugly and don't have gaps. We ask that camper bring **5-6 masks** for a Full Week Program and **3-4** for a Weekend Program.
- **Hand Sanitizer** - Lutherdale has hand sanitizer dispensers installed in many locations around camp. Campers and staff will be encouraged to use it. If campers would like to bring a small bottle for personal use, they are welcome to do so.
- **Reusable Water Bottle** - While this is a staple at camp, this summer it is going to be imperative. Hydration is very important to keep campers healthy. To reduce "touchpoints", we prefer that campers bring water bottles that have a removable drinking spout/top when filling.
- **Label Everything** - Permanently write, or better yet, use sewn or ironed-on labels that include the first and last name.
- **Don't Pack Anything of Value** - Things do get lost, damaged, and/or borrowed while at camp. Old t-shirts, sweatshirts and shorts are quite the style at camp!
- **Think Layers** - Even in the peak summer months, mornings and evenings can be chilly.
- **Gear up for Camp** - The Lutherdale store is available online and has the latest Lutherdale gear for you to purchase. The camp store will not be open on arrival and departure days. Campers will have an opportunity to visit the camp store during their session. You can purchase items online and we will have them available for your camper upon arrival.
- **Special Note about Cell Phones** - Campers are not allowed to have cell phones at camp. While it may seem counter-intuitive, we have found that campers who bring cell phones have a harder time adjusting to camp life and can have more difficulty with homesickness. A large part of camp is learning to be independent and you can help your camper succeed by making sure they do not bring a cell phone.

Suggested Packing List

Here is a list of what to bring to camp. While the items are "suggested," we've found these items to be important.

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| o Bible | o Personal Toiletries (soap, shampoo, deodorant, toothbrush/paste, comb, etc.) |
| o Pen/Pencils/Notebook | o Bath towels |
| o Flashlight | o Sunscreen! SPF 15+ |
| o Water bottle | o Insect Repellent |
| o Rain Gear | o Special outfits or props for theme week |
| o Shorts and T-shirts | o Closed Toed Shoes (for Ropes Course) |
| o Long jeans/pants | o Swimsuits & Beach Towels (Bring modest, camp appropriate swimsuits or trunks) |
| o Sweatshirts | o Aqua footwear (See Waterfront safety section) |
| o Pajamas | o Pillow, Sleeping bag, or sheets and blankets |
| o Socks and Underwear | |

Optional things to bring

- o Extra Bath Towels
- o Camera (Please Label)
- o Team Sports Equipment (glove, balls, Frisbee)
- o Hat
- o Sunglasses
- o Guitar / Musical Instrument
- o Stuffed Animals
- o Card/ Games for Cabin Time
- o Swim Shoes or Flip Flops
- o Dirty Clothes Bag

Leave at Home

- X Expensive or Irreplaceable Items
- X Cell Phones and Video Games
- X Electronic Devices including laptops, tablets, and I-pods
- X Weapons (knives, guns, martial arts, guns, etc.)
- X Illegal Drugs, Tobacco, Vape Pens, or Alcohol
- X Non-team Sports Equipment, i.e skateboards
- X Fireworks
- X Pets
- X Hair Dryers, Straighteners, & Curling Irons
- X Chewing gum, Candy, or Food

Retreat Center and HOPE Conference Center Guests (Adults & Family Programs)

- o Lutherdale will provide linens, pillows, blankets, and bath towels

